

Your Success System

There are some simple steps that will lead you to get what you want and live happily in the meantime. If you follow this blueprint, your way to success will take you less effort and you'll find a support system to guide you, motivate you and challenge you to get to the top of your dreams.

The Dream

A clear and complete dream will be the first guide and the main motivation to get what you want in life

STEP
01



The Plan

Building a good plan having your dream as the reference, will make a real difference in your results

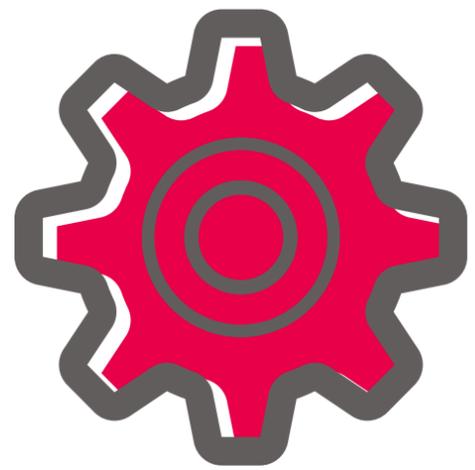
STEP
02



Support System

We can't do it all ourselves! There will be some elements that will be essential if you want to get to the end of your path feeling energized, motivated and as a winner: mentor, accountability partner, learning system

STEP
03



Taking Action

The moment when the plan becomes a lot of activities that find a place in your agenda (and you really do them!)

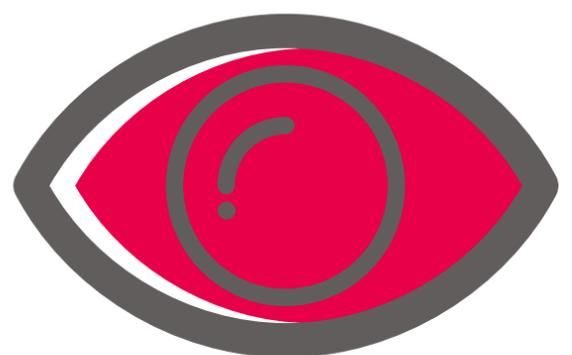
STEP
04



Having a checking system

You need a system to:
1) Identify when you have reached your goal
2) Check from time to time if you are in the right path or have to adjust something

STEP
05





YOUR SUCCESS SYSTEM

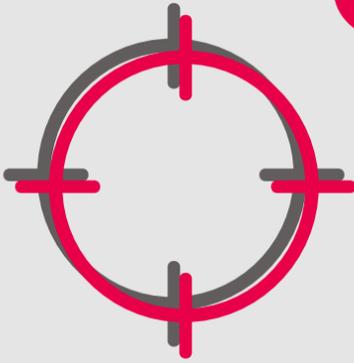
THE DREAM

The Dream is the first part of the Success System. You need a clear, big and bold dream to motivate you through the hard work, so don't think small!



1 KNOW WHO YOU REALLY ARE

This is the way to learn if your dreams are yours or someone else's.



2 THINK ABOUT WHAT YOU WANT TO BE

Choose your favourite personal qualities, even if you still don't have them.

3 THINK ABOUT WHAT YOU WANT TO DO

Thinking about what you want to dedicate your time to is essential to build the final dream.



4 THINK ABOUT WHAT YOU WANT TO HAVE

It's not only just about where to live and what things you desire. It's about who is going to share it with you, your wellbeing, preferences and what will surround you.



YOU ARE GOOD TO GO!

Enjoy it!

YOUR SUCCESS SYSTEM

THE PLAN

A dream is not enough. You have to convert that dream into a practical plan. That is the only way to make your desires a reality, and not only a sweet idea or a crazy and impossible product of your imagination.



BEGIN WITH THE END IN MIND

The same way it happens when you travel, when you plan your "life trip", you have to **set first the end**. It's not the final end, because you may change your mind while you are in the way, but it will be your reference to begin to walk..



LITTLE MILESTONES

It's hard to look at the whole plan and see your goal so far... that's why you have to **set little milestones**. Those are the places you'll find along the way where you'll sit down and think about your trip and if it's going like you wanted... or you have to adjust something.



FILL THE GAPS WITH TASKS

If you want to reach a milestone, you'll have to do some things. A list of things. **Create those lists** that will allow to reach every milestone. Make them as small as you can, so they don't look difficult and scary. That's a plan!



REVIEW

Reviewing is important. When you've finished your plan, you'll have to **check several things**:

1. Your feelings. How do you feel about it?
2. The reality. Is this plan doable or not?
3. Your will. Do you really want to begin or feel unmotivated?

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YOUR SUCCESS SYSTEM

SUPPORT SYSTEM

Let's be honest. You can't do it alone. Even if you have to multitask, you are going to need some help. Emotionally. Mentally. To keep you on the track.

1 A MENTOR



There are limits in your knowledge. And you'll need shortcuts also. That's when a mentor is needed. To make it easier and more effective. Because he/she has been there and knows (almost) everything about it. At least the good tips.

2 AN ACCOUNTABILITY PARTNER / A MASTERMIND



You need someone who is in the same road to be your mate. He/she/they will help you to stick to your plans and purposes and keep your energy and motivation high. And even challenge you to be the best!

3 A LEARNING PLAN



Life is not always the same. And neither you. So you have to keep on learning in order to keep on growing. Mentally. Emotionally. And in all the areas of your life.

4 A CHECKING SYSTEM



Life changes. And so you do. Sometimes your map is clear, but sometimes you have to adjust your direction. Because you don't want to end somewhere else.

DO YOU HAVE ALL THE SYSTEMS READY?

4

SUCCESS BLUEPRINT

TAKING ACTION



CREATE ACTIVITIES.

DO THEM!

CAN'T FOCUS?

FEEL UNMOTIVATED?



Move your tasks to your agenda/planner.

If your time is occupied with your activities, is more likely for you to do them.

If you multitask and finally think that you haven't done anything at the end of the day... set blocks of 25 min. of activity and 5 min. of resting.

Take a look at your goals and purposes. If they are powerful enough, they'll keep you on the move.

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WHAT ARE CUSTOMER'S HABITS

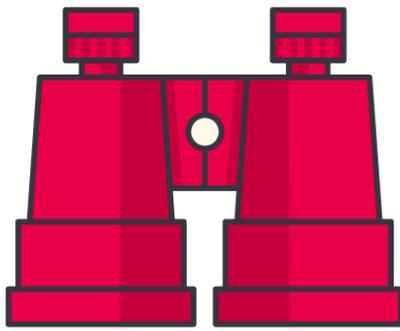
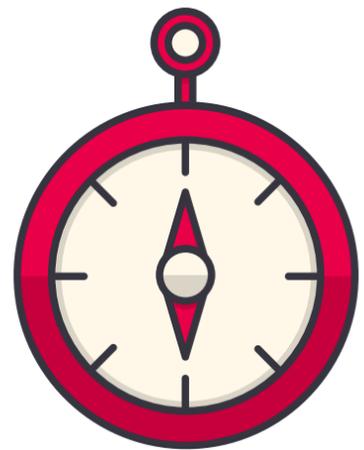
HAVE A CHECKING SYSTEM



Check your goals
What you are doing, is taking you closer or further from where you want to go?

Check your emotions

How do you feel about what you are doing and your progress?



Check your results

How do you feel about what you are doing and your progress?

Check your results at least once a week.

EVERY WEEK

ONCE A MONTH

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